

Whitewater High School Lacrosse List of Required Equipment

Boys

Helmet
Shoulder Pads
Arm pads or arm guards
Gloves (no standard color – white preferred)
Lacrosse stick (shaft and head)
Mouth piece
Cleats (can be football or lacrosse – no standard color – white preferred)
Shoes to run in

Girls

Goggles (no standard color)
Lacrosse Stick (shaft and head – different styles from boys)
Mouth Piece – bright color that will be visible to the refs
Gloves (optional for warmth and/or grip)
Cleats (no standard color)
Goalies need more gear
Undergarments: black sports bra and black compression shorts are required for every game; cold weather gear should include a black long sleeve compression shirt and black pants. Black is the ONLY acceptable color for undergarments.

Places to purchase equipment:

The following Atlanta stores have the best selection of lacrosse equipment as well as experienced and knowledgeable lacrosse sales staff that can answer questions and give recommendations. Others like Dicks has better selections in North Atlanta, but sometimes the stores around Fayetteville may have what you need.

Play it again sports – Fayetteville (they are offering a 20% discount to WHS LAX players, just let them know you are with WHS)
GoodSports Sporting Goods – Peachtree City
Play it again sports – Buckhead (big selection of new and used, knowledgeable staff)
LAX World Atlanta – Duluth and Roswell, new store opening in Kennesaw
Breakaway lacrosse – Smyrna

Online stores offer a huge variety and some great prices – especially when they are closing out previous year models. When buying pads online, it is always best to have tried on the same brand or similar style of that brand (either another player's or from a local store). Be sure to factor in shipping and/or no tax into the final price comparisons. Always do a search for coupons or promo codes. Some reputable online sources are:

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| Lacrosse.com | Jimalax.com (stringing supplies) |
| Lacrossemonkey.com | Sportstop.com |
| Lax.com | Comlax.com |
| Qclax.com | |